

Break Every Chain

Part 2- Breaking the Chains of Addiction

April 7, 2024

"They promise freedom, but they themselves are slaves of sin and corruption. For you are a slave to whatever controls you." (2 Peter 2:19, New Living Translation)

B.R.E.A.K. F.R.E.E.

B - BEGIN TODAY

*"Farmers who wait for perfect weather never plant. If they watch every cloud, they never harvest."
(Ecclesiastes 11:4, NLT)*

R - REFUSE TO BLAME OTHERS

*"Some people ruin themselves by their own stupid actions and then blame the Lord."
(Proverbs 19:3, Good News Translation)*

E - EXAMINE MY LIFE

- What are my weaknesses?
- How long have I had this problem?
- Where am I tempted most?
- What are my fears?
- What are my frustrations?"

"Let us examine our ways and test them and let us return to the LORD."

(Lamentations 3:40, New International Version)

*"Finally, I confessed all my sins to you and stopped trying to hide my guilt. I said to myself, 'I will confess my rebellion to the Lord.' And you forgave me! All my guilt is gone."
(Psalms 32:3-5, NLT)*

A - ASK CHRIST TO TAKE OVER MY LIFE

*"Don't let sin control your body any longer. Don't give in to its sinful desires but give yourself completely to God -- every part of you -- to be used for His good purposes."
(Romans 6:12-13, Living Bible)*

K - KEEP AWAY FROM THE TEMPTATION

"Don't give the devil a chance." (Ephesians 4:27, GNT)

"For the grace of God has appeared that offers salvation to all people. It teaches us to say "No" to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age" (Titus 2:11-12, NIV)